

North Walsham u3a Groups and Days

Week	Day	Morning	Afternoon
1	Monday	Coffee Morning <i>Richard Nevill</i>	Jazz Appreciation <i>Jim Costello</i> Croquet <i>John Grier</i>
	Tuesday	Darts <i>Trevor Cheeseman</i>	
	Wednesday		Mac Users <i>Richard Nevill</i>
	Thursday		Digital Photography <i>Richard Nevill</i> Mind, Body, Spirit <i>Chrissie Kimber</i>
	Friday	Paddle Group <i>John Harris-Hall</i>	Monthly meeting
	Sunday	Sundy Lunch <i>Jazz Waspe</i>	

2	Monday	Coffee Morning <i>Richard Nevill</i>	Classical Music <i>Jean Simpson</i>
	Tuesday		Quiz Group <i>Brenda Reading</i>
	Wednesday		
	Thursday	Ten Pin Bowling <i>Diane Mulligan</i>	Book Group <i>Yvonne Dickinson</i> U3Sings <i>Patsy Tomlinson</i> Wine Appreciation <i>Roy Tuff</i>
	Friday	Paddle Group <i>John Harris-Hall</i>	History <i>Brenda Tibbles</i> Life Story <i>Maureen Cavanagh</i>

3	Monday	Coffee Morning <i>Richard Nevill</i>	Committee Meeting
	Tuesday		Gardening <i>Steve Guratsky</i> Meditation <i>Chrissie Kimber</i>
	Wednesday		Rock & Pop <i>Marilyn Nevill</i>
	Thursday	Current Affairs <i>Steve Guratsky</i>	Computer Group <i>Richard Nevill</i> Healthy Living <i>Suzanne Lakin</i>
	Friday	The Big Question <i>Steve Guratsky</i> Walking <i>Chrissie Kimber (please check first)</i> Padde Group <i>John Harris-Hall</i>	Brain Games <i>Janet Head</i> Scrabble <i>Jane Harris-Hall</i> Mah Jong <i>Ralph Edwards</i>

4	Monday	Coffee Morning <i>Richard Nevill</i>	
	Tuesday	Walking <i>Chrissie Kimber</i>	
	Wednesday		Knit & Stitch* <i>Brenda Tibbles</i> Art <i>Stella Shanahan</i> Quiz Group <i>Brenda Redding†</i>
	Thursday	Cryptic Crosswords <i>John Harris-Hall</i>	Tai Chi <i>Maureen Cavanagh</i>
	Friday	Family History** <i>Marilyn Nevill</i> Paddle Group <i>John Harris-Hall</i>	

*Last Wednesday of the month

**Last Friday of every other month starting September

†Last Wednesday of the month 7.30 pm

Correct at 02 August 2026