



*Paul Heinrich - Digital Photography Group*

### **Thoughts from the Chair**

***Warning! This bit mentions economics a few times and there are a couple of footnotes. Please don't be put off. It's not really about economics and it's not really too serious either. I promise!***

A very long time ago, I studied and taught economics and it occurred to me recently that quite a few ideas that don't necessarily sound like economics actually are.

Perhaps the most obvious is that there is no such thing as a free lunch. Now, you may already be thinking about the lunches you've had that were paid for friends, family members, employers and the occasional very generous stranger who thought you looked a bit hungry. And this recollection might in turn make you doubt that economists really are as infallible as you'd previously assumed – and you would be right. As the old joke reminds us, economists actually only exist to make astrologers seem like reliable sources of advice. (1)

And this brings me to my second economics-inspired idea, that you can't have your cake and eat it too. I've tested this idea through extensive cake-based experimentation and it does indeed seem to be true. (2) And so, on a recent afternoon on the sofa recovering from a cake overdose and failing to be wholly engrossed by daytime television, my mind started to wander and it occurred to me that quite a lot of recent news has been about people wanting to have their cake and eat it too. For example:

- Wanting to encourage wildlife but also have roadside verges cut short to make them look tidier and improve visibility
- Wanting to 'go back to normal' after the ending of Covid legal restrictions without more people becoming ill
- Wanting to wear socks with sandals without getting pitying looks from passers-by. (Sorry, but I thought a bit of light relief and fashion advice was needed after the other rather heavy and depressing examples.)

Of course, it's often different people on opposite sides of each of these dilemmas, which is fine. People do and should disagree about things, as long as they don't end up insulting each other on social media; but, it rarely make sense for the *same* person to be on both sides. You really *can't* have your cake and eat it too. Sometimes you just have to decide what's more important.

So, my grass verge is gloriously long and scruffy and hopefully full of interesting wildlife; and I definitely won't be wearing socks with sandals, at least not during daylight hours.

Getting back to normal after Covid is more complicated. I'm trying to use my 'common sense' such as by wearing a mask in shops but I'm also trying to live as normal a life as possible in most other ways. You could say I'm eating half my cake and having the other half too!

I hope to see lots of you in real life before too long.

Best wishes,

Steve Guratsky,  
Chairman, North Walsham U3A

(1) *To be fair to economists, what they really mean by a 'free lunch' isn't a meal you don't have to pay for. It's any goods or service you can produce without diverting limited resources away from producing something else instead. It's actually not a completely stupid idea, though there are lots of exceptions. And for a modest fee, I'm quite happy to explain more about this to anyone who's really got nothing more interesting to think about.*

(2) *It's also true that you can't do this kind of research and stay slim, but that's a story for another day.*

**THE COPY DEADLINE FOR THE NEXT NEWSLETTER IS**

**THURSDAY, 26th August 2021 at 12.00 noon.**

**Please send copy to Linda Irving - [the.irvings.99@gmail.com](mailto:the.irvings.99@gmail.com)  
As usual, all copy received will be acknowledged, so if you do not receive an acknowledgement within 48 hours, please resend.**

**If you wish to contact the Newsletter Editor, then please do so via our website  
[www.northwalshamu3a.org](http://www.northwalshamu3a.org).**

**NORTH WALSHAM U3A UPDATE - August 2021**

Following the rollout of Covid-19 vaccines and the ending of most legal restrictions on 19<sup>th</sup> July, it's great to be able to report that a number of our **INTEREST GROUPS** have started meeting face to face again or are making plans to do so. So far, these include:

- |                     |                      |
|---------------------|----------------------|
| Art Appreciation    | Gardening 3          |
| Croquet             | Humour               |
| Digital Photography | Intuition and Beyond |
| Flower Arranging    | Walking              |
| Gardening 2         |                      |

If you're in one of these groups, you should have been contacted by the group co-ordinator by now, but if not, then do get in touch with them for details of what's happening. In addition, the following groups are meeting virtually online using Zoom subscriptions funded by North Walsham u3a:

Classical Music	Folk Music	Poetry
Computing	History	Rock 'n'Pop
Current Affairs	Jazz Appreciation	Wine Appreciation
Discussion	Mac Users	Yoga
Family History	Philosophy	

The Sewing Group is looking for a new co-ordinator who is able to share their sewing machine skills. If nobody can be found, the group may need to close, so please do volunteer if you think you can help.

If you'd like to join any of these groups, please contact the group leader whose phone number is on the most recent programme card (which covers 2020) or send us a message at <https://www.northwalshamu3a.org/contact-us> and we'll pass it on to the group co-ordinator so they can contact you.

If you belong to a group that isn't yet using technology to keep working together but might be able to do so, please do the following:

- Talk to other members of your group about it
- Try to identify someone in the group who could act as a Zoom 'host' (who can be the group leader but doesn't need to be)
- Ask Peter Phillips and/or Richard Nevill for advice if you want to or send your query through the contact page on our website at <https://www.northwalshamu3a.org/contact-us>

If you are unsure how to use Zoom or how to get the best out of it, there are some useful **ZOOM TUTORIAL VIDEOS** at: <https://support.zoom.us/hc/en-us/articles/206618765-Zoom-Video-Tutorials?zcid=1602>

Richard Nevill is also hosting **VIRTUAL COFFEE MORNINGS** on Zoom at 11.00 each Monday. You can contact Richard about this at [ricnev@gmail.com](mailto:ricnev@gmail.com). For the time being, these will continue to replace our monthly Friday general meetings.

**There's more detail on staying safe from Covid-19 and other hazards during u3a activities in the next section.**

### **STAYING SAFE DURING U3A ACTIVITIES**

The North Walsham u3a committee are trying to strike the right balance between enjoying learning together as u3a members and avoiding putting ourselves and others at unnecessary risk. In doing this, we are bound by our legal duty of care to ensure the safety of members and guided by advice from the Third Age Trust (national u3a) and the government.

We know that you will be keen to 'get back to normal' as much as possible and are aware of the expert consensus that being fully vaccinated (as many u3a members are) greatly reduces the risk of becoming seriously ill or dying from Covid-19. However, even fully vaccinated people can catch Covid-19 and can pass it on to others, some of whom may not be vaccinated.

Moreover, Covid-19 is not the only hazard that might arise during u3a activities.

Ethically and legally, we are obliged to consider such hazards and take reasonable steps to avoid members being harmed during our activities.

This may seem daunting, but it's important to remember that most of the hazards of u3a activities are actually not very serious and/or only have a very small chance of arising in practice. We therefore **DON'T** generally need the sort of lengthy, detailed risk assessments that might apply for example to hang gliding, parachuting or rock climbing!

In considering the risks that do exist, there are four areas to look at:

- Ensuring that the activity itself and the way it is done are safe
- Ensuring that the location where the activity takes place is safe

- Ensuring that any travel during sessions is safe
- Ensuring the risk of Covid-19 transmission is mitigated
- Ensuring that people taking part in the activity are able to do so safely

Each of these is covered in the safety checklist attached to this newsletter. The document is designed to be suitable for most if not all groups and to minimise the time needed to complete it. It's Version 1 and may be modified in future in response to comments and suggestions from members, so please do let us know how you think it could be improved.

*So, any interest group may meet face to face from now on provided that:*

1. Group members wish it to do so
2. The committee have been informed and have agreed to it beforehand
3. A safety checklist is completed and a copy sent to the committee and to members of the group.

Each group may also choose to continue to meet on Zoom if they prefer and if it is practical. Zoom subscriptions are currently being paid for from North Walsham u3a funds but group members may be asked to contribute to this cost later; the date of this change is yet to be confirmed.

Finally, the risk of Covid-19 infection can be mitigated by following government advice published on 12/7/21. I have attached a copy to this newsletter and would urge you all to read it carefully if you haven't already done so.

### **WORRIED ABOUT GETTING OUT AND ABOUT AFTER COVID?**

Many thanks to Richard Nevill for spotting the two web pages below, which contain information and advice about overcoming any worries you might have about face to face activities away from home if you've not been out much for a while due to Covid.

[https://www.futurelearn.com/info/blog/how-to-socialise-after-lockdown?utm\\_source=Iterable&utm\\_medium=email&utm\\_campaign=fl\\_bau&utm\\_term=210630\\_GNL\\_UK](https://www.futurelearn.com/info/blog/how-to-socialise-after-lockdown?utm_source=Iterable&utm_medium=email&utm_campaign=fl_bau&utm_term=210630_GNL_UK)

[https://www.futurelearn.com/info/blog/understanding-social-change-world-back-normal?utm\\_source=Iterable&utm\\_medium=email&utm\\_campaign=fl\\_bau&utm\\_term=210721\\_GNL\\_UK](https://www.futurelearn.com/info/blog/understanding-social-change-world-back-normal?utm_source=Iterable&utm_medium=email&utm_campaign=fl_bau&utm_term=210721_GNL_UK)

Both are from Future Learn, which offers a range of online learning options (not all free) as well as pages like these.

### **NATIONAL U3A**

As well as our umbrella organisation, the Third Age Trust, there is also a virtual national u3a that works in a similar way to a local one except that it's wholly online with groups meeting on Zoom and of course that you can join wherever you live. There are more details at: <https://vu3a.org/>

There are also details of a range of other learning opportunities at:

- <https://u3a.org.uk/learning/national-programmes>
- <https://www.u3a.org.uk/events/educational-events>

*For further information on any group below, please contact the Group Leader or Groups Co-ordinator via our new website [www.northwalshamu3a.org](http://www.northwalshamu3a.org), or by telephone as listed in LAST YEAR'S Programme Card.*

## **New Group**

We would like to form a MAH JONG group.  
Anyone interested in joining us please contact me via my email.  
[Maveedwards@hotmail.com](mailto:Maveedwards@hotmail.com)

*Mave*

## **Coffee Zoomy Elevensies**

Mondays at 11.00am

All NWU3A members are invited to join in our very sociable Monday morning get-togethers.  
We're all there to have a chat and perhaps get the lowdown on local happenings - mostly predictions of when we expect to get our next job! You can pop in and out any time during our approx. 1 hour long session - just to say hi or perhaps to see the smiling faces of your U3A friends again!

Contact Richard Nevill [ricnev@gmail.com](mailto:ricnev@gmail.com) to join the Coffee Zoomy Elevensies Zoom meetings or just use this link:

Richard Nevill is inviting you to a scheduled Zoom meeting.

Topic: NWU3A Coffee Zoomy Elevensies - 11.00am any Monday.

Join Zoom Meeting

<https://us02web.zoom.us/j/86187253726>

Meeting ID: 861 8725 3726

## **Computer Group**

### **Open Invitation to find out about Files and Filing.**

Our meetings continue courtesy of Zoom. These online meetings are a chance to have a social chat with perhaps a few computer questions sprinkled here and there. This month I'd like to have a bit of a special session on File Types, File Conversions and Filing in general. As this might be of interest to people outside our group, we're happy to have you join us as a Zoom guest at 2.00pm on Thursday 19th August - I don't think we're likely exceed our 100 person Zoom limit!

Contact Richard Nevill at [ricnev@gmail.com](mailto:ricnev@gmail.com) for your Zoom invitation Phone 01263 721570

## **Creative Writing**

We were just about to have our first meeting when a certain Chinese bat played havoc with our lives.!

We tried to set up some meetings via zoom without success and I was out of action due to a major operation but, hopefully, with everything crossed and a renewal of energy to be creative, I am hoping that we can start this group in September.

It would be really helpful to know how many are still interested and I will contact all who gave me their phone numbers or email addresses.

*Jayne*

## **Digital Photography**

A group of us from the Digital Photography Group went on a visit around 3 of our local churches at the beginning of July, having met in the car-park at Meales. First of all we went to Beeston St Lawrence Parish Church where we were able to take plenty of photos outside but were also able to go inside. Sadly, the sky was a uniform white of an overcast sky, so no blue skies or fluffy clouds.



We then went to Ashmanhaugh Parish Church and despite being told there was no-one to let us in, a kind gentleman cutting the grass phoned up and we were delighted that the door was opened for us.

Finally we had time to visit Neatishead Church (see photo of the church with the poppies at the entrance) before it looked as though it was going to rain. We finished up with tea and cake at Vera's café at Meales farm shop and garden centre.

This month, the group are visiting Fairhaven Gardens at South Walsham and hoping for some sunshine.

*Helen*

## **Garden group 2**

Garden Group 2 had its first meeting since Covid 19 shut everything down. Several members were unfortunately not able to come so it was a small group, but a very pleasant couple of hours in a different environment. We were careful to follow health guidelines as far as we could.

We met in John Tuck's garden where he showed us all the projects he has taken on during the pandemic. Summerhouse, fishpond, fruit trees to name a few; it was very impressive. John had set up an interactive quiz (with a plant as the prize). The picture is of John showing us his new fishpond - shame the fish were shy and hid at the bottom - it was a bit warm for them, maybe.



We discussed how we want the group develop in the future, and how to get the best from the group, and it was really nice to get back to some sort of normality and meet friends again, even at a distance.

There is a vacancy for 2 new members if anyone is interested in joining us. Please contact me through the U3A website.

*Ronnie*

## **Humour Group**

It was lovely to meet up in July and hear what everyone's been doing during the long hiatus. Possibly the most entertaining experience was that of the member who chose to trade in his car for a tricycle but found that, despite having previously been a keen cyclist, it wasn't a workable means of transport. He's therefore bought an all-terrain mobility scooter which has numerous accessories, including a music system with loudspeakers. Anticipating hurtling around Norfolk he plans, in lieu of a hooter, to play at full blast 'The Ride of the Valkyries' to warn of his approach.

We also listened to a recording of David Gunson, a retired Air Traffic Controller, who became an after-dinner speaker. His talk had some amusing moments but would probably have been more engaging if we'd been relaxing with a glass of wine after a nice meal than, as we were, in a well ventilated (i.e. chilly) church hall.

Next month we'll be considering 'Dad's Army' which we know we'll enjoy. If you'd like to join our sanitised, socially distanced, group from 9.45am on Tuesday 24<sup>th</sup> August in the spacious hall at Sacred Heart, do come along. The only requirements are that you're Covid-free and that you're willing to laugh.

*Sheila*

## **Mac User Group**

### **Open Invitation to Come and see what we're about.**

Like the Computer Group, during the pandemic we're using Zoom to conduct virtual meetings. Those who join our meetings say how much they enjoy them and appreciate the chance to catch up with friends. We're often surprised how many technical queries are common to all of us, so all questions, even the seemingly simple ones are of interest to us all.

If you have a Mac, or were thinking of getting one, we'd be very pleased to have you come along as a Zoom guest at our meeting on Wednesday 1st September, 2.00pm to see if our group might help you. Contact Richard Nevill to join the Mac User Group Zoom meetings

Richard Nevill at [ricnev@gmail.com](mailto:ricnev@gmail.com) Phone 01263 721570

## **Organic Allotment Group**

Peas have been particularly good this year. We have had a lot from our early variety (Kelvedon Wonder), some of which we are leaving to ripen on the vines to provide seeds for next year's crop. Meanwhile, the maincrop peas are just beginning to bear a tasty harvest. These pictured are called Champion of England, a variety favoured by Charles Darwin and available from the Organic Gardening Catalogue. Beside the recommendation from the famous scientist, these pea plants are tall, making picking easier, and give high yields of large, well-filled pods. I can attest to the excellent flavour.

Again, I am planning to allow some to ripen in order to provide crops for future years. This seed saving is possible due to the fact that they are not F1 hybrids, which do not breed true.



We are trying an experiment with the broad beans. As they fix nitrogen in their roots, they benefit leaf growth in subsequent crops. Rather than taking the spent haulms to the compost heap, we have pulled them up and left them to decompose in the bed. Leeks have been transplanted amongst them which should benefit from the extra goodness. On the subject of leeks, they are planted by dropping them into a hole (made with a dibber) and filling the hole with water, allowing the soil to fill in naturally.

I have lifted the garlic and left it to dry for a few days on an improvised chicken wire rack. When completely dry, they will be plaited to provide enough garlic for about six months. The onions will be treated in a similar way, but should last until the next crop comes in.



Steve's greenhouse is providing the first crops of tomatoes and cucumbers.

Commercially grown tomatoes available in supermarkets are bred to grow quickly and have a long shelf life – homegrown have so much more flavour and can be picked at their prime. There is

also the possibility of trying out new and unusual varieties.



*Ralph*

## **U3 Sings**

I recently met our new accompanist, Dr. Rosalyn Holden. Rosalyn studied at The Royal Academy of Music; plays piano, organ and harpsichord. She has been freelance for 40 years and plays in 35 churches across Norfolk for their services, weddings and funerals.

Rosalyn has sung and taught previously and said that she is very much looking forward to including something less serious and fun back into her repertoire. I have given her a selection of our music including some new pieces and I'm hoping we can start back in September.

I am currently collating names of people interested in joining or rejoining the group so please get in touch with me via the website if you are new to the group and I will phone/email those who were singing previously.

Really looking forward to seeing and singing with you.

*Jayne*

## **Walking Groups**

For all walks led by North Walsham U3A please bring your up to date North Walsham U3A membership card with you and be prepared to give a contact name and number for Covid track & trace purposes.

### **August Walks:**

#### **Shorter and slower walk Wednesday 4<sup>th</sup> August 10am start approx. 2 miles**

Leader Rosemary Spicer Tel 01692 405675 Mobile 07400 054096  
Start point Bacton Woods Car park

#### **Wednesday 11<sup>th</sup> August 10:00 am start approx. 3.5 miles**

Leader Chrissie Kimber Tel 01692 405675 Mobile 07880 238 958  
Start point car park just before Red Hart Pub, or on side of road in Bodham The Street, Bodham, Holt NR25 6AD round robin walk via Baconsthorpe Castle

#### **Friday 27<sup>th</sup> August 10:00 am start approx. 4.5 miles**

Leader Chrissie Kimber Tel 01692 405675 Mobile 07880 238 958  
Start point: Winterton bowls club car park. Travel into Winterton on the A149 just before the church on left hand side is the bowls club car park

*Walking Group Coordinator Chrissie Kimber at*  
[rebnikc@btinternet.com](mailto:rebnikc@btinternet.com) or on 01692 405675

## **Wine Tasting**

We have had many months of Zooming our Wine Tastings – thank you Richard for arranging. This has given us the opportunity for twice-monthly Tastings, continuing to each choose a Wine (or Wines) ourselves, and share comments. We have sampled excellent Wines from many different Suppliers – particularly Ben Thompson of CH Wines.

On August 12th we are hoping to return to our traditional format, with Hugh Collingridge from Adnams providing the choice of Wines, and Richard the BBQ, weather permitting.

Cheers !

*Ray & Eva*

## Yoga

Some news at last! We are aiming to continue the Yoga group in September. I will let you know more, when things are finalised. You will need to contact me (phone number on the membership card) or email me (via the website). This also applies to anyone wanting to join the group. So, hopefully, we shall be seeing each other again in a few weeks.

I hope you are all finding time to do a couple of poses to keep yourselves supple. if you have the outside space, why not try doing it outside for a change, if the weather allows?

Enjoy the summer.

*Joy*

## **TAKE A BREAK – General Knowledge Quiz**

1. What was the Turkish city of Istanbul called before 1930?
2. How many human players are there on each side in a polo match?
3. In what year did Tony Blair become British Prime Minister?
4. How many times has England won the men's football World Cup?
5. What is the capital of New Zealand?
6. Street artist Banksy is originally associated with which British city?
7. From what grain is the Japanese spirit Sake made?
8. In which part of your body would you find the cruciate ligament?
9. What is the name of the 1976 film about the Watergate scandal, starring Robert Redford and Dustin Hoffman?
10. How many of Henry VIII's wives were called Catherine?
11. What was the most popular girls name in the UK in 2019?
12. What is the currency of Denmark?
13. Which Tennis Grand Slam is played on a clay surface?
14. In which European country would you find the Rijksmuseum?
15. How many films have Al Pacino and Robert De Niro appeared in together?
16. What was the old name for a Snickers bar before it changed in 1990?
17. What is the smallest planet in our solar system?
18. Which legendary surrealist artist is famous for painting melting clocks?
19. Which football club plays its home games at Loftus Road
20. What is the most sold flavour of Walker's crisps?
21. What is someone who believes in antidisestablishmentarianism opposed to the disestablishment of?
22. How many permanent teeth does a dog have?
23. On average how far away is the moon from the earth in miles?
24. What's longer, a nautical mile or a mile?
25. Which country in the world is believed to have the most miles of motorway

## **TRIVIA - (Some things you may not have known about the Olympic Games)**

Gold medals are mostly made of silver. Ever seen Olympians biting their medals during the awards ceremony and wondered why they do that? Well, it harks back to ages past, where merchants would check a coin was indeed the precious metal they required and not a lead forgery. A lead coin would leave teeth marks, while a gold coin would not.

The Olympic Torch Relay is not an ancient tradition. The Torch Relay has its roots in the controversial 1936 Berlin Olympics. Carl Diem, Chief Organizer of the Olympic Games, conceived of the relay as a propaganda tool for the Nazi Party to showcase the supposed superiority of the Aryan race. The relay passed through Greece, Bulgaria, Yugoslavia, Hungary, Austria and Czechoslovakia, who would all succumb to Nazi rule within 10 years.

The Olympic torch is lit the old-fashioned way in an ancient ceremony at the temple of Hera, in Greece: Actresses, wearing costumes of Greek priestesses, use a parabolic mirror and sun rays to kindle the torch.

From there, the torch starts its relay to the host city: It is usually carried by runners, but it has travelled on a boat, on an airplane (including Concorde), on horseback, on the back of a camel, via radio signal, underwater, and in a canoe.

The relay torch and the Olympic flame are supposed to burn during the whole event. In case the flame goes out, it can only be reignited with a backup flame, which has been lit in Greece as well, and never with a regular lighter!

The unlit Olympic torch has also been taken to space several times.

Only three modern Olympic Games have been cancelled. The games were cancelled due to World War I (1916) and World War II (1940, 1944).

At least one of the Olympic Rings' colours appears in every national flag. The five Olympic rings are symbolic of the five continents. Baron Pierre de Coubertin, founder of the modern Olympic Movement, conceived of the five-ringed symbol. He specifically chose the different colours—blue, green, yellow, black, and red because at least one of those colours appeared on all the national flags of the world.

Only one person has ever won gold medals during the Summer and Winter Olympics. American Eddie Eagan has this distinction. In 1920, Eagan took home gold in boxing. He later earned a gold medal at the 1932 Lake Placid Games in the team bobsled event.

Two athletes have won gold medals competing for two different nations. Daniel Carrol first won gold in Rugby representing Australia in 1908 and then again in 1920 for the United States. Kakhi Kakhiashvili won his first gold medal in Men's Weightlifting competing as part of the Unified Team in the 1992 Barcelona Games, and later as a Greek citizen in the 1996 and 2000 Olympics.

Athletes in the ancient Olympic Games competed in the nude. In fact, the word "gymnasium" comes from the Greek root "gymnos" meaning nude. As such, the literal translation of gymnasium is "school for naked exercise."

The first Olympic drug suspension did not occur until 1968 – Hans-Gunnar Liljenwall, a Swedish Pentathlete, tested positive for alcohol. He purportedly drank several beers before the Pentathlon and was thus suspended from the competition.

The youngest Olympian in the modern era is Greek gymnast Dimitrios Loundras, who competed in the 1896 Athens Olympics at the age of 10. Other young Olympians: springboard diver Marjorie Gestring (13) is the youngest female individual gold medalist in history, while swimmer Kusuo Kitamura (14) is the youngest male individual gold medalist.

The first Olympic Games took place in 8th century B.C. in Olympia, Greece and then every four years for 12 centuries. However, Emperor Theodosius I banned all pagan festivals in 4th century A.D. The first modern Olympics took place in Athens, Greece, in 1896. Back then, the games lasted five or six months.

In the ancient Olympics, there was just one medal - gold for the winner. In the advent of the modern Olympic Games, gold, silver and bronze medals were all awarded to the top three competitors in each event

Medal winners are not only inducted into their nation's history and Olympic history but they are also honoured at the Olympic stadium of that year's tournament. Their names are engraved on the walls of the stadium - allowing their legacy to be written in stone.

In one of the most dramatic moments in Olympic history, John Carlos and Tommie Smith made a monumental political statement, making a black power salute on the podium of the 1968 Olympic Games in Mexico. What is less known is that the silver medallist that day was an Australian white man, Peter Norman. He stood by the duo in solidarity while displaying a human rights badge. Norman was, like the two American sprinters, attacked by his own country's media for this display and barred from competing in future Olympics. But his role has since been recognised as he was awarded a posthumous Order of Merit in 2008. Both Carlos and Smith appeared as pallbearers at Norman's 2006 funeral.

Tarzan competed in the Olympics: Johnny Weissmuller, an athlete-turned-actor who played Tarzan in 12 movies, won five gold medals in swimming in the 1920s.

During the 1936 Berlin Games, two Japanese pole-vaulters tied for second place. Instead of competing again, they cut the silver and bronze medals in half and fused the two different halves together so that each of them had a half-silver and half-bronze medal.

The following sports are (sadly) not part of the Olympics anymore: solo synchronized swimming, tug of war, rope climbing, hot air ballooning, duelling pistol, tandem bicycle, swimming obstacle race, and plunge for distance. Luckily, live pigeon shooting was a one-shot and only part of the 1900 Olympics in Paris.

Women have been allowed to compete in the Olympics since 1900. The 2012 Summer Olympics in London were the first in which all participating countries sent female athletes.

English and French are the official languages of the Olympics, complemented by the official language of the host country.

Artists once competed in the Olympics. From 1912-1948, medals were up for grabs in disciplines like painting, sculpting, writing, and music.

1994 marked the first time the winter Olympics were held in a different year than the Summer Olympics. They have been alternated every two years since then.

- | QUIZ ANSWERS |  |
|--------------|--|
| 1.           | Constantinople   |
| 2.           | 4  |
| 3.           | 1997   |
| 4.           | 1 (1966)   |
| 5.           | Wellington   |
| 6.           | Bristol  |
| 7.           | Rice   |
| 8.           | Knee   |
| 9.           | All the Presidents men                                       |
| 10.          | 3  |
| 11.          | Olivia   |
| 12.          | Krone  |
| 13.          | French Open (Roland Garros)                                  |
| 14.          | Netherlands  |
| 15.          | 4 (the Godfather part 2, Heat, Righteous Kill, The Irishman) |
| 16.          | Marathon   |
| 17.          | Mercury  |
| 18.          | Salvador Dali  |
| 19.          | QPR  |
| 20.          | Cheese & Onion   |
| 21.          | Church of England  |
| 22.          | 42   |
| 23.          | 238,000  |
| 24.          | Nautical (1.15 miles)  |
| 25.          | China  |