

NORTH WALSHAM U3A INTEREST GROUPS (updated 4/6/26)

Group	Day	Time	Place	Notes
Art	Last Wednesday of each month	2.00 – 4.00	Black Swan Theatre, North Walsham, NR28 9BX	
Artificial Intelligence (AI)	First Thursday of each month	2.00 – 4.00	Trunch Village Hall, NR28 0QE	Short course. Not currently open to new participants.
Book Group	Second Thursday of each month	1.00 – 3.00	North Walsham Library, NR28 9DE	
Brain Games	Third Friday of each month	2.00 – 4.00	Sacred Heart church hall, North Walsham, NR28 9JP	
Canva (Computer graphic design)	First Thursday of each month	4.00 – 5.30	Trunch Village Hall, NR28 0QE	Short course. Not currently open to new participants.
Classical Music Appreciation	Second Monday of each month	2.00 – 4.00	Member's home	
Coffee Morning	Every Monday	11.00 – 12.00	On Zoom	
Croquet	First Monday and Tuesday of each month, April to September	2.00 – 4.00	Member's home	
Cryptic Crosswords	Fourth Thursday of each month	10.00 – 12.00	North Walsham Library, NR28 9DE	
Current Affairs	Third Thursday of each month	10.00 – 12.00	Member's home	
Darts	First Tuesday of each month	10.30 – 11.30	Trebles, North Walsham, NR28 0BD	
Digital Photography	First Thursday of each month	2.00 – 4.00	Trunch Village Hall, NR28 0QE and summer trips out	
Easy Bytes (Computing)	Third Thursday of each month	2.00 – 4.00	On Zoom	
Family History	Last Friday of alternate months	10.00 – 12.00	Member's home	
Gardening	Third Tuesday of each month	2.00 – 4.00	Members' homes and trips out	
Healthy Living	Third Thursday of each month	2.00 – 3.15	St Benet's Hall, North Walsham, NR28 9DQ	
History	Second Friday of each month	2.00 – 4.00	Member's home	
Jazz Appreciation	First Monday of each month	2.00 – 4.00	St Benet's Hall, North Walsham, NR28 9DQ	
Kefir/Kombucha Making	Contact us for details	Flexible	Member's home	
Knit & Stitch	Last Wednesday of each month	2.00 – 4.00	Member's home	
Lawn Bowls	Variable	Variable	New Road Bowls and Snooker Club, North Walsham, NR28 9DE	
Life Story	Second Friday of each month	2.00 – 4.00	Member's home	
Mac Users	First Wednesday of each month	2.00 – 4.00	On Zoom	

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Mah Jong	Third Friday of each month	2.00 – 4.00	Sacred Heart church hall, North Walsham, NR28 9JP	
Meditation	Fourth Tuesday of the month	2.00-3.00	Members Home	
Mind Body Spirit	First Thursday of each month	1.30 – 3.00	Member's home	
Paddling Group	Fridays, April to October Dependent on weather and 3+ attending.	From 10.30	Various	
Quiz Teams	Last Wednesday of each month Third Tuesday of each month	Evening 2.30	Black Swan Theatre, North Walsham, NR28 9BX	
Rock 'n Pop	Third Wednesday of each month	2.00 – 4.00	Member's home	
Scrabble	Third Friday of each month	2.00 – 4.00	Sacred Heart church hall, North Walsham, NR28 9JP	
Sunday Lunch	First Sunday of each month	Lunchtime	Various pubs and restaurants	
Tai Chi	Fourth Thursday of each month	4.10 – 4.50	St Benet's Hall, North Walsham, NR28 9DQ	
Ten Pin Bowling	Second Thursday of each month	From 10.00	Strikers at Rossi's, North Walsham, NR28 0JQ	
The Big Question	Third Friday of each month	10.00 – 12.00	Member's home	
Theatre Group	To be confirmed	TBC	Initial Meeting July 26	
U3 Sings	Second Thursday of each month	From 1.45	Sacred Heart church hall, North Walsham, NR28 9JP	
Walking	Various	Mornings	Various	
Wildlife and Woodland Wanderers	2 nd and 3 rd Monday of the month	Mornings	First in venue to plan following outdoor	New Group
Wine Appreciation	Second Thursday of each month	12.00 – 3.00	Member's home	